## TEMZING PLUS

Vitamin B Complex + Zinc

#### Composition:

Temzinc Plus Syrup:

Each 5 ml of syrup contains Thiamine Hydrochloride BP 5 mg, Riboflavin-5-Phosphate Sodium BP 2.74 mg equivalent to Riboflavin 2 mg, Pyridoxine Hydrochloride BP 2 mg, Nicotinamide BP 20 mg and Zinc Sulfate Monohydrate USP 27.45 mg equivalent to elemental Zinc 10 mg.

## **Descriptions:**

Temzinc Plus is a special preparation of Zinc and B-Vitamins.

#### **Indication and Use:**

Temzinc Plus is indicated for the treatment and prevention of B-Vitamins and Zinc deficiencies. B-Vitamins are needed to release energy from food. They play an important role in ensuring healthy brain and nerve function, healthy red blood cells formation in children & adults. They are specially needed for healthy growth and development of children. B-Vitamin deficiencies in adult cause profound fatigue and various types of neurologic manifestations, which may include weakness, poor balance, confusion, irritability, memory loss, nervousness, tingling of the limbs and loss of coordination. Depression may be an early sign of significantly low levels of pyridoxine, as well as other B vitamins. Additional symptoms of vitamin B deficiency are sleep disturbances, nausea, poor appetite, frequent infections and skin lesions. In children, Zinc is necessary to maintain a healthy immune system. It ensures normal growth & sexual development of children. It is further necessary for the growth and maintenance of muscles. In adult, typical signs of zinc deficiency are loss of appetite, poor sense of smell and taste, tendency towards depression, white marks on fingernails, pale skin, frequent infections, low fertility, stretch marks, prostate problems, mental problems, poor wound healing, a poor immune system, diarrhoea, mental lethargy, rough skin, weight loss, ache and greasy skin.

### **Dosage & Administration:**

Temzinc Plus -

Adults: 10 ml (2 teaspoonfuls) 2 to 3 times daily or as advised by the physician. Children: 10 ml (2 teaspoonfuls) 1 to 3 times daily or as advised by the physician. Infants: 5 ml (1 teaspoonful) 1 to 2 times daily or as advised by the physician.

# Or as advised by the physician. **Side Effect:**

Temzinc Plus is generally well tolerated.

#### **Use in Pregnancy & Lactation:**

Recommended.

#### **Contraindications:**

Temzinc Plus is contraindicated in patients with a known hypersensitivity to any of the ingredients of this product.

#### **Drug Interaction:**

Generally no interactions have been observed.

#### Overdose:

In case of overdosage, initially epigastric pain, diarrhoea and vomiting can occur. Should seek emergency medical attention in case of overdose. Initially an emetic should be given and then gastric lavage and general supportive measures should be employed.

## Pharmaceutical Precaution:

Temzinc Plus Syrup: Store in a cool and dry place, protected from light.

#### How supplied:

Temzinc Plus 100 ml Syrup: Each bottle contains 100 ml syrup with measuring cup. Temzinc Plus 200 ml Syrup: Each bottle contains 200 ml syrup with measuring cup.

Manufactured by:



Team Pharmaceuticals Ltd.
BSCIC, Rajshahi, Bangladesh